



# NEWSLETTER

Housing Commission of Anne Arundel County

“HOUSING CHOICES AND AFFORDABLE COMMUNITIES”

[www.hcaac.com](http://www.hcaac.com)

## RESIDENT ADVISORY BOARD



The Resident Advisory Board (RAB) is a vital component of the Housing Commission of Anne Arundel County. The RAB is comprised of seven (7) residents from Public Housing communities in Anne Arundel County. The seven members selected are the Resident Council Presidents (Vice-Presidents are also invited to attend) at each of the communities within the Housing Commission’s portfolio. Each of the members will serve on the RAB until their respective term ends as President of their community. As each new President is elected, he or she becomes a new member of the RAB.

The RAB plays a significant role is assisting the Housing Commission staff to establish policy, procedure and to determine the needs for all of our communities. The Executive Director meets with the RAB quarterly and shares important information that should then be shared with each respective council. During these meetings, the member of the RAB are also asked to provide information that is important to their community and often surveyed on new ideas, new concepts and upcoming issues. The comments are often used by the staff to insure that new policies are understandable, easy to implement, and will be consistent and reasonable.

Please make sure that you ask your President to share information presented at the Resident Advisory Board meetings at your upcoming Resident Council Meetings.



**HAPPY FOURTH OF JULY**

<i>INSIDE THIS ISSUE:</i>	PAGE
COMMUNITY SAFETY SPOTLIGHT	2
MEADE VILLAGE, STONEY HILL, BURWOOD GARDENS	3
FREETOWN VILLAGE, PINWOOD VILLAGE, PINWOOD EAST	4
GLEN SQUARE, BONNIES BEACON	5
CASEWORKERS CORNER	6
KIDZ BIZ	7
IMPORTANT INFORMATION	8

# Community Safety Spotlight

## Maurice Price Community Safety Coordinator

Meade Village, Stoney Hill & Burwood Gardens

### YOU CAN'T HIDE!

In the age of information technology, cell phones with cameras, computers, video recording devices, binoculars that allow you to see even in the darkness; witnesses who live in and are concerned for their communities, and report detrimental activities, leave very few places where you can exercise harmful behavior out of sight of viewing eyes. With that said, there are eyes you can never escape; "The eyes of your soul". These eyes are always with you and they see and report your actions. You try to run from your convictions, you may try to hide from them in drugs or alcohol, blame

others for your failings and actions, harden your heart so that you can't hear the desperate cry of your soul to "reform", the beckoning of your conscience, not to settle for less than "life".

There are two lies that we are told, that make us feel trapped and can lead to hopelessness and they are:

1. It's too late! – It is never too late. As long as there is breath in your body you can achieve and succeed.
2. You've got time! – Who knows the time and date of their death? You may have years, but you may not; you only have "Now"!

Listen to your heart, it is sure and true and will not deceive you. It desires the best for you and your life, your family, your friends and community. **LISTEN!**

## Toni Jordan

Community Safety  
Coordinator

Freetown Village, Pinewood Village, Pinewood East & Glen Square.

### PLAY NICE OR SAY "BYE-BYE"

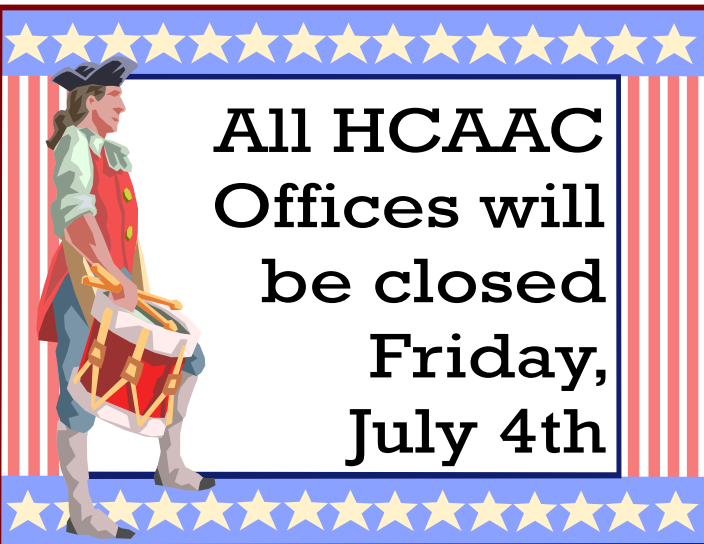
My good friend the kindergarten teacher is fond of diffusing minor spats between her kids with, "*If you can't play nice, you'll have to get out of the sandbox.*" She swears it works on her toddlers, and boy am I tempted to try it on some of our residents! Rarely does a day go by that I don't receive a complainant, (directly or indirectly), involving residents in some sort of dispute; "He/she looked at me the wrong way." "He/she said something about me." "She/he hit me, or pushed me, or ran into me with a wheel chair." Oh, and let's not forget the biggie, "He/she/they are harassing me."

Some complaints are more legitimate than others. There are people living among us who just can't seem to mind their own business and leave other people alone. But these cases are the exception. Most of the time it just people who can't or won't do the simple things it takes to get along.

These complaints take up an inordinate amount of our time and energy, and keep us handling more serious issues. What really concerns me is when the police and the courts are asked to get involved in these childish antics. Calling the police and filing frivolous applications for criminal charges and peace orders, wastes badly limited resources on matters that could easily be resolved with a bit of maturity and the application of a little common sense. And, as a couple of unlucky residents discovered, abusing the court's time can amount to contempt of court. In the end, involving yourself in this type of activity will surely result in you being evicted. So, if any of this applies to you, take my advise and heed the words of my teacher friend. Because, if you can't play nice, you're going to get put out of the sandbox.



All HCAAC  
Offices will  
be closed  
Friday,  
July 4th



## **BURWOOD GARDENS**

**Valerie Robinette**

Property Manager

We would like to welcome all new residents to Burwood Gardens, we look forward to seeing you the next Resident Council Meeting!

**IMPORTANT DATES:**

July 1<sup>st</sup> – rent due  
 July 10<sup>th</sup> – Resident Council Meeting 3:00 p.m.

**REMINDERS –**

▶ If you are a smoker, please do not throw the cigarette butts on the

ground when smoking outside! Dispose of them properly.

▶ Many of you have been outside quite a bit enjoying some of this nice weather we are having, please remember to clean up after yourselves and don't leave any trash behind. You have a beautiful community, let's keep it that way.

▶ Our staff is here to assist you, please come and see us with any questions or concerns you may have. Let us address questions about your lease, your neighbors may not always have the right answer.

▶ Don't forget to register your vehicles with the Management Office.

▶ No car repairs in out parking lots.

▶ We are filing court notices on the 15<sup>th</sup> of the month for failure to pay rent. Do not incur further charges, pay your rent on the 1<sup>st</sup> of the month.

▶ Remember to check on your neighbor if you have not seen them in a couple of days.

▶ If you will be leaving for a week or more, please notify Management and provide us with contact information in the case of an emergency.

Make sure you report ANY INCOME CHANGES TO THE MANAGEMENT OFFICE WITHIN 10 DAYS of the change occurring.

## **MEADE VILLAGE & STONEY HILL**

**Taliea Pack**

Property Manager

**LEAVING HOME SAFE AND SOUND**

Vacation season is finally here! If a trip away from home is in your plans, remember these tips to keep your home safe and secure while you are gone.

1. **Suspend regular deliveries.** Ask the post office to hold your mail until you return and notify UPS if you are expecting a package.

2. **Set timers on lights and radios.** Choose timers tested for safety. You can create the illusion that you're at home by setting the timers to turn lights on and off in different areas of your home throughout the evening.

3. **Ask neighbors to watch out.** People you know and trust can often be your best defense..

4. **Securely lock all doors and windows.** Did you know that in almost half of all completed residential burglaries, thieves simply breezed in through unlocked doors or crawled through unlocked windows?

5. **Unplug countertop appliances, home entertainment equipment and computer equipment.** To prevent a fire hazard, coffee makers, toasters, hair dryers and irons should be left unplugged. Unplug all TVs, VCRs and computers to protect against power surges in the event of a power outage

**PARENTS**, now that school is out here are helpful tips that may help your summer months go a little smoother. All children have episodes of bad behavior, some more frequently and severely and others less. Using these three steps will improve your child's behavior and reduce the frequency and severity of any child behavior problem.

1. **Relationship** - A loving, stable relationship between parents and children is the basis for the child's healthy social development. Tell your child you love him and show your love by taking time to listen, to play, and to teach. The parent-child relationship is built on the words you say and the tone of your voice. It is strengthened by the laughter you share and the games you play together. It is forever bonded by the values and skills you pass on to your child every day.

2. **Planning** - Planning is the secret of good parenting. Watch your expectations so that you plan for good behavior rather than dread the bad. Most children's behavior problems occur during times of transition and adjustment. Since childhood is by its nature a continual process of transition, and adjustment to rapid development, it's easy to see that bad behavior is a natural reaction to challenges that the child doesn't yet have the skills to accomplish. Planning involves knowing your child, her temperament and skills, and knowing the challenges of her environment. Use direct instruction, guidance, and practice opportunities to teach the skills she will need to cope with new challenges in the journey of childhood.

3. **Response** - Attentiveness and response are the tools for improving your child's behavior. An understanding of behavior modification principles will help you plan your responses to improve behavior. It all comes down to actions and consequences. When a child's action elicits positive reinforcement, it will be repeated over time. When an action elicits punishment, it will eventually be extinguished.

## FREETOWN VIL- LAGE

**Lisa Hahn**

Property Manager

**RESIDENT COUNCIL MEETING:** Freetown Village Resident Council Meeting is the 2<sup>nd</sup> Monday of the month. The next meeting is Monday, July 14, 2008. All residents are invited and encouraged to attend the meeting.

### **REMINDER - LAUNDRY ROOM HOURS**

Monday – Thursday 8:00 a.m. to 7:00 p.m. Friday, 8:00 a.m. to 4:00 p.m. Closed Saturday and Sunday. PLEASE REMEMBER, when using the laundry room there are

limited machines. Please do not use them all at one time or leave your laundry unattended.

### **REMINDER - TRASH AND GROUNDS**

Trash and debris left in your yard is your responsibility to pick up. Failure to keep your yard clean and litter free will result in a charge is Housing staff removes the trash. When removing trash/garbage from your apartment or townhome, please place it in the dumpster. DO NOT leave it in the hallways or on patios or porches. Take pride in your home and Community keep it litter free.

### **REMINDER – POLICIES AND PROCEDURES**

- Residents in townhouses that have grills stored outside must

have them covered with a grill cover.

- Nothing other than patio furniture stored on patios
- No Bikes stored in yards
- Please keep your yards clean
- Call in work orders as they are necessary, don't wait until the damages get worse.
- No car repairs in parking lots
- If you are required to do community service hours, don't forget to turn in those
- Make sure you report income changes to the management office within 10 days.

**ONCE CONFIRMED, THE PERSONS CAUSING PROPERTY DESTRUCTION AND DAMAGE WILL BE PROSECUTED TO THE FULL EXTENT OF THE LAW AND CHARGED FOR ALL DAM-**

## PINEWOOD VILLAGE & PINEWOOD EAST

**Lanita Hopkins**

Property Manager

### **RENT REMINDER**

- Rent is due **ON** the 1<sup>st</sup> of each month.
- Late charges are added to **ALL** rent payment received after the 10<sup>th</sup> of each month.
- To avoid additional fees, **ALL** charges (including maintenance and excess utility fees) must be paid along with your rent payment.
- Failing to pay your rent when it is due will subject your account balance to be filed in court as a Failure to Pay Rent Notice.
- Repeatedly paying your rent late is a violation of your lease and upon receiving four court judgments against the tenant, the landlord will be awarded posses-

sion of the property.

Before you get yourself in a bind and end up having to pay late fees and legal fees; pay your rent in accordance your lease and save yourself some money in the process.

### **THANKS IN ADVANCE FOR YOUR PATIENCE**

Please keep in mind that when you call in your maintenance requests that your repair will be completed in the order in which was received, unless it is an **EMERGENCY**. Emergency requests are considered items that may compromise or affect your health and safety, such as,

- No air conditioning (when the outside temperature is more than 85 degrees).
- Your unit entry door is damaged, jammed or malfunctioning.
- If you are locked out of your unit or if your locks need to be changed. (You must provide identification when the technician arrives and you must be over 18



years old).

- Power outages.
- Faulty/sparking outlets and/or switches.
- Gas leaks.
- Toilet not working (if you only have one bathroom).
- Severe water leaks.
- Broken windows that create a security situation.
- Refrigerator/freezer not working.
- Smoke detector not working.
- Empty fire extinguisher.

If you have called in a routine request please be patient and refrain from calling repeatedly for the same issue. Remember that stopping the maintenance technician to give him your request will not get your repair completed unless you have called the maintenance request number at 410.553.9675. Please follow the proper protocol and your maintenance issues will be addressed in a timely manner and "Thank you in advance for your patience."

## GLEN SQUARE

**Gina Dyer**

Property Manager

**RESIDENT COUNCIL MEETING:** Glen Square Resident Council Meeting Thursday, July 3, 2008 at 7:00 p.m. All residents are invited and encouraged to attend.

**HAPPY BIRTHDAY!** Remember the birthday celebration will be the 1<sup>st</sup> Sunday of every month. Everyone is invited to attend the party and celebrate with the Resident's who have a Birthday in June

**Dr. Anita Khandelwal**, board certified in Internal Medicine and affiliated with Harbor Hospital, is seeing patients in the Doctor's Suite located off the Multi-Purpose room, one Thursday per month. Call (410) 355-2244 for an appointment. Also, Dr. Bober, DPM for Podiatrist Treatment is available by calling (410)

761-9606 to schedule appointment.

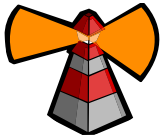
**SALON SERVICES:** The Salon is now open! The Salon is located downstairs behind the office before the multipurpose room. Walk ins are welcome! If you wish to schedule an appointment the phone number will be (410) 768-7891. The Stylists name is Denise Gee. Call today to schedule your appointment, her appointment book is filling up fast!!!!

**RE-CERTIFICATIONS** When you receive your re-certification appointment letter, please let me know if there is a problem with your appointment time or if there is a question regarding your paperwork. I would be happy to assist you in any way possible if there is a concern.

**CHANNEL 26**

The new information channel is up and running! Tune into channel 26 to view the latest news and community information.

The office will be closed on Friday, July 4, 2008 !



## **BONNIE'S BEACON** Health Guidance

**Bonnie Woodall**

CHSP Manager

**AMBULANCE FEES HAVE BEEN APPROVED BY COUNTY COUNCIL AND WILL BECOME EFFECTIVE APRIL 1, 2009**

*County Executive John R. Leopold's proposal was approved by the County Council May 2008.*

If you use this service you will be asked to pay for it. It will cost \$500.00 for each ambulance ride to the

hospital. If you have no insurance, or your insurer won't cover all or part of the fee, the county will waive payment. Medicare will deny coverage if the ambulance service wasn't a medical necessity. Seniors will get a statement from Medicare or their Medicare assistance plan spelling out what was paid and denied. If Medicare decides it won't cover your ambulance trip, you have the right to appeal by calling 1-800-MEDICARE. For those who have private insurance, premium increases seem likely after an ambulance ride.



NOTE: If the ambulance service provides emergency medical response but does not transport an individual to a hospital, the individual is not required to pay a fee.



### **HCAAC TIPS:**

**HELPING US**

**HELPS YOU!**

**When writing a check or money order for rent or other charges....  
PLEASE PRINT YOUR NAME CLEARLY AND ALWAYS INCLUDE YOUR UNIT NUMBER.**



# CASEWORKERS CORNER



## LaShonda Godwin, BSW

Human Services Caseworker  
Freetown Village & Pinewood  
Village/East

### SIMPLE WAYS TO STRESS LESS

1. Keep a bliss list - For one week, rate every activity you engage in by how much pleasure it gives you, and figure out how to work more of the high rankers into your day.

2. Repeat after yourself - During tense times, chant a calming phrase, such as "I'm getting stronger everyday," Or, "There's nothing I can't handle:."

3. Get your heart racing - While any level of exercise can help lower stress, research has shown high-intensity activities may do so better. Going for a run? Consider doing sprint intervals or a hilly course.

4. Plan to let out a laugh - According to research, not only does laughter have the ability to reduce your stress levels, but even the anticipation of a good laugh helps tame tension.

Don't let stress ruin your summer. Plan ahead, and stay within your means, mentally, emotionally, physically, spiritually, and financially. Have fun in the sun!

### Be Empowered!



## Tina Sellman

Human Services Caseworker  
Meade Village & Burwood Gardens

### IMPORTANCE OF ORGANIZING YOUR HOME INTO A PLACE OF PEACE



When your house is in order, organized, peaceful, and reflecting your sense of style, it creates an atmosphere of safety. No matter how stressed you may feel in situations away from home, you know you have a safe place to find refuge. You can come home to your clean, ordered home and re-charge. On the other hand, when your house is a mess, it only adds stress. Just the thought of your cluttered home can cause you to want to stay away. When you're in your messy house, it becomes stressful looking at it all. Instead of feeling refuge, you're constantly reminded of how much needs to be done. Everywhere you look, you see a situation that doesn't sit right within you. I'm a firm believer that an organized home creates a soothing atmosphere and fills you with a sense of inner peace. You see cleanliness and order all around you and it, in turn, fills you with a sense of abundance and creates a self-motivating attitude. Instead of coming home, feeling immediately defeated, and plopping in front of the two feeling unmotivated, your organized home will help you feel uplifted. Organizing your home

results in you feeling positive inside. When you feel calm and ordered, you feel empowered. When you feel empowered, you feel confident, and when you feel confident, you get things done. You work on your goals. And when you take action on that which is important to you, you begin to realize the abundance you seek. If you're sitting in the middle of an unorganized home right now, it's time to do something about it. I know the hardest part is just getting started. Instead of trying to do it all in one day, decide how much time you have each day to do a little. If you rather take a full day over a couple of weekends or so, do that. Do whatever works best for you, but get started today. Never underestimate the importance of organizing your home in terms of how it affects your feelings of empowerment. Some people even become like hermits because they're so embarrassed by how their home looks. They end up hiding there, not allowing anyone in. Don't become like this. Understand the importance of organizing your home is the first step. Once you take action and turn your home into your own personal and safe sanctuary, you'll be amazed what it does for your life in many other areas. Remember, achieving life abundance is ultimately about how you feel inside and how empowered you feel to demand a great life for yourself.



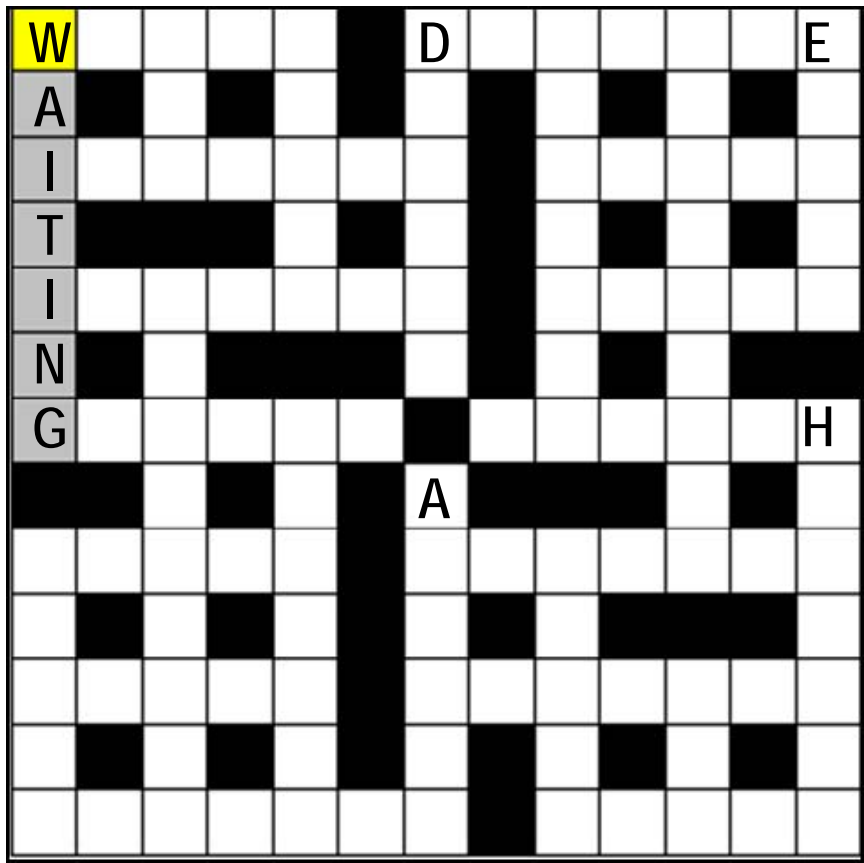
New games this year!

# WORD FIT



Can you fit all the words correctly into the grid?  
Some letters have already been entered.

**kidz biz**  
**JULY**



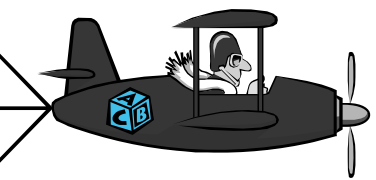
- 3 letter words
- DIG
- OFF
  
- 5 letter words
- AGENT
- COMIC
- CREPE
- EASEL
- ELECT
- MEDIA
- PACES
- PURSE
- SOGGY
- WROTE
  
- 6 letter words
- ACIDIC
- DEDUCT
- ENMESH
- GOSPEL
  
- 7 letter words
- CAPITAL
- CAPTAIN
- CRYPTIC
- DECIDED
- DECLARE
- ELEGANT
- HOLIDAY
- IDYLLIC
- INFUSED
- WAITING
  
- 9 letter words
- AGREEMENT
- YESTERDAY



Turn in your completed KIDZ BIZ PUZZLE within the week and if you find all of the words, your name will be entered in a drawing to **WIN \$10!** Three winners will be selected from each family community.

**CONGRATULATIONS!**  
**June Winners**

<p><b>Meade Village</b></p> <p>NICK PICCO          TIARA JORDON          CHEYENNE FEW</p>	<p><b>Freetown Village</b></p> <p>Cortrell Montgomery          Kayvone Johnson          Asia Wright</p>
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# IMPORTANT NUMBERS

www.hcaac.org

**Family Self-Sufficiency, Section 8,  
Mainstream Housing, H.O.P.W.A.  
& Caseworkers.  
410-222-6205**

**Facilities Management Office  
Work Orders  
(Maintenance Request)  
410-553-9675**

**Burwood Gardens**

Property Manager 410-222-6226  
Fax 410-761-7944  
Human Services Caseworker 410-760-6303

**Freetown Village**

Property Manager 410-222-6237  
Fax 410-360-3225  
Community Safety Office 410-222-6252x223  
Human Services Caseworker 410-222-6253x217

**Meade Village**

Property Manager 410-222-6241  
Fax 410-551-0430  
Community Safety Office 410-222-6644x214  
Human Services Caseworker 410-222-6645x215

**Glen Square**

Property Manager 410-222-6220  
Fax 410-768-3889  
Human Services Caseworker 410-222-6217x230

**Pinewood Village/Pinewood East**

Property Manager 410-222-6210  
Fax 410-590-6723  
Human Services Caseworker  
(Pinewood East) 410-222-6304x204  
(Pinewood Village) 410-222-6347x217

**Stoney Hill**

Property Manager 410-222-6232  
Human Services Caseworker 410-222-6645x215

**DEAR RESIDENTS:** Please remember to call and schedule an appointment. Your time is valuable as is ours. It is our sincere desire to serve you well. Our daily schedule includes meetings with residents, completing inspections, re-certifications and general problems within units. Your understanding is greatly appreciated.

**Workforce Development  
Center — Freetown Village**

7831 Huff Ct.  
Pasadena, MD 21122  
410-437-3052  
9 am – 5 pm Monday to Friday  
Located in the PACT Unit

**IMPORTANT COUNTY TELEPHONE NUMBERS FOR SENIORS**

County Information	410-222-7000	Taxi Program	410-222-4222
Department of Aging	410-222-4464	Transportation	410-222-4826
Weekday Nutrition	410-222-6240	Trip Desk	410-222-6682
Pascal Senior Center	410-222-6680	Meals on Wheels	410-431-5257



## CONSTRUCTION ACTIVITIES

The following table is used as a guideline. Items and dates listed are subject to change by the Director of Modernization.



BURWOOD GARDENS	PLAN	BID	START	FREETOWN VILLAGE	PLAN	BID	START
Refurbish Hallways	2008	2008	2009	TBA			
Renovate Entrances	2008	2008	2009	PINEWOOD VILLAGE	PLAN	BID	START
				TBA			
MEADE VILLAGE	PLAN	BID	START	PINEWOOD EAST	PLAN	BID	START
Renovate Kitchens	2007	July 2008	Jan 2009	TBA			
GLEN SQUARE	PLAN	BID	START	STONEY HILL	PLAN	BID	START
TBA				TBA			
TBA				TBA			