



NEWSLETTER

Housing Commission of Anne Arundel County

“HOUSING CHOICES AND AFFORDABLE COMMUNITIES”

www.hcaac.com

MONEY SQUEEZING IDEAS

Below, you'll find simple ideas that together add up to nearly \$500 a month.

Utilities. You can easily save energy in the winter by setting the thermostat to 68°F while you're awake and setting it lower while you're asleep or away from home. You might save more than \$50 a month.

Household operations. Mail your rent and credit card payments so they arrive before the due date and save \$10 to \$25 in late payment fees.

House supplies. Using a cloth instead of paper towels could save you \$20 a month.

Vehicle. If you need a new car, consider leasing instead of buying. You might save more than \$100 a month.

Gasoline. Shop around for the best price and fill your tank. You could save \$5 a month.

Vehicle maintenance. Check the air pressure in your tires. Proper air pressure means better gas mileage. You could save \$10 a month.

Public transportation. Use public transportation whenever possible. If not, carpool. You could save \$20 a month.

Food at home. Clip discount coupons. We throw away more than \$20 in discount coupons a week. You could save \$80 a month.

Food away from home. Brown bag a lunch. It's half the cost of going out for lunch. But, even if you saved only one dollar per lunch, that's \$20 a month.

Health care. Drug prices can vary wildly from one pharmacy to another. Call several pharmacies and ask about pricing. Ask if a generic alternative is available. You could save \$10 a month.

Entertainment. Instead of going to a movie, rent a movie and invite friends over. Ask your friends to bring the popcorn. Save \$30 a month.

Apparel. Shop the discount outlets, factory outlets and irregular outlets. Shop after Easter, after July 4th, and after Christmas. You will save hundreds of dollars a

year—or perhaps more than \$20 a month.

Education. If you are paying for private lessons, memberships, or sports programs—stop until your finances are under control. You could save \$25 a month.

Personal care. Buy the store brand of cosmetics, shampoo, and shaving supplies. Color your own hair: Do *your* own nails. You could save \$20 a month or more.

Tobacco/alcohol. Stop smoking and *you* could save over \$100 a month. Instead of wine or beer with dinner every night, treat yourself on weekends and save \$20 a month.

Reading. If you are not reading the newspapers and magazines you ordered, cancel the subscriptions and save \$5 a month.

Gifts. Put a dollar limit on birthday and holiday gifts. Give your spouse a romantic home cooked meal instead of a present and you could save about \$30 on each holiday.

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Community Safety Spotlight

Toni Jordon

Community Safety
Coordinator

Freetown Village, Pinewood Village, Pinewood East & Glen Square.

PROBLEM PARENT, PROBLEM CHILD

Not all children are well behaved, adorable and loving. It's been said, "There are no bad children, only bad parents." Maybe that's true and maybe it isn't, but one thing is for sure; good or bad, they're yours. And according to your lease you're responsible for EVERYTHING they do whether they're with you or not. You can hole up in the house watching TV, talking on the phone, or entertaining an "insignificant other" if you want to. But when you get a letter telling you that your lease is being terminated because of something your "little darling" did, don't act surprised and don't you dare blame the kid.

We all like to think that our kids are thoughtful, caring and well-behaved. Truth is some of them are thoughtless, cruel and deceptive. Some of this behavior can be rightly attributed to a learning disability or other mental health issue. But a lot of misbehavior is learned from watching and imitating lazy, uncaring and unengaged parents. Whatever the case – good or bad- they're your children and it's up to you to control them. Destroying or defacing property, littering, loitering and fighting aren't examples of "kids just being kids." Out of control kids have torn up, broken up, messed up and tried to burn up, our communities. These aren't examples of "kids just being kids." This is kids being criminals and it won't be tolerated. We will prosecute offenders and terminate the lease of the parent(s). WE have a responsibility to ALL residents to keep the communities safe and in good condition. YOU have the responsibility to supervise your children.

Maurice Price

Community Safety Coordinator
Meade Village, Stoney Hill & Burwood Gardens

"WANTS" GOT NOTHING TO DO WITH IT!

There is a difference between our "wants" and our "needs", what we desire and what we deserve! We want big, bold and beautiful homes that stand out! What we need are livable homes where our families are safe and sheltered, our apartments are clean and serviceable! What we desire are streets long and lush with greenery and canopy topped trees; where every

drive-way is decorated with a luxury car to our liking! What we deserve are streets that are safe for our children to play, where our curbs are not littered with trash from the ice-cream truck or beer cans from the local liquor store!

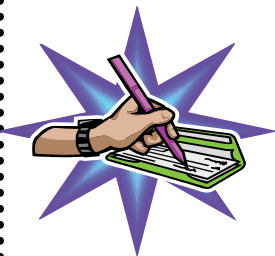
We seem driven by what we WANT and what we DESIRE and at time it drives us to do "whatever" to get those things. We will take short cuts, bend the rules and even break the law to meet our wants and desires.

What IF? What if we used the same energy to meet our needs and those of our neighbors? What if we lived according to what we deserve, what our children and families deserve?

HCAAC TIPS:

HELPING US HELPS YOU!

When writing a check or money order for rent or other charges... **PLEASE PRINT YOUR NAME CLEARLY AND ALWAYS INCLUDE YOUR UNIT NUMBER.**



NEW CHECK CASHING PROCEDURE...

If you write a check for rent or other charges it is now cashed the same day we receive it in the accounting office. When you mail your rent check make sure you have money in the bank to cover it or you will be charged a \$10 fee if the check is returned due to insufficient funds and your bank will also charge you a returned check fee.

PINEWOOD VILLAGE & PINEWOOD EAST

Diana Flynn
Property Manager

NEW PROPERTY MANAGER

I would like to take this opportunity to announce to all the residents that I will be replacing Lanita Hopkins as the Property Manager of Pinewood Village and Pinewood East. During the past six months while I have

assisted here, I have had the chance to meet and get to know many residents and look forward to being able to work with everyone. I would also like to congratulate Lanita Hopkins on her recent promotion to Assistant Director of Property Management. As you see her out and about, please join me in wishing her well in her new position.

SHOPPING CARTS

I would like to ask everyone to be considerate of your neighbors and do not keep the community shopping carts in your units. Since the carts are the property of the

Housing Commission, the carts are not to be stored in the units but should be kept in the designated area in the lobby when not in use. That means that when you have finished using a cart, do not keep it in your unit, take it to the lobby in order for the next resident to have the same convenience of using a cart to assist with his or her daily needs.

BULLETIN BOARD

Pinewood East Flea Market will be held Saturday, October 4, 2008 from 7:00 a.m. and 1:00 p.m., in the community room. If you have any

questions or are interested in table space please contact Dee Dickens. Come out and see what hidden treasures you might find. (Refreshments will be available)

REMINDERS

Resident Council Meetings will be held on Thursday, September 11, 2008 at 2:00 p.m. for Pinewood East and 2:30 p.m. for Pinewood Village. All residents are encouraged to attend to mingle with your neighbors and find out what is going on in your community.

FREETOWN VILLAGE

Lisa Hahn
Property Manager

RESIDENT COUNCIL MEETING:

Freetown Village Resident Council Meeting is the 2nd Monday of the month. The next meeting is Monday, September 8, 2008. All residents are invited and encouraged to attend the meeting.

LAUNDRY ROOM HOURS

Monday – Thursday 8:00 a.m. to 7:00 p.m., Friday, 8:00 a.m. to 4:00 p.m. Closed Saturday and Sunday. PLEASE RE-MEMBER, when using

the laundry room there are limited machines. Please do not use them all at one time or leave your laundry unattended.

TRASH & GROUNDS

Trash and debris left in your yard is your responsibility to pick up. Failure to keep your yard clean and litter free will result in a charge is Housing staff removes the trash. When removing trash/garbage from your apartment or townhome, please place it in the dumpster. DO NOT leave it in the hallways or on patios or porches. Take pride in your home and Community keep it litter free.

YARDS AND PATIOS

*Residents in townhouses cannot store

anything other than patio furniture on your patios.

* Grills must have a grill cover.

*No bikes stored in yards.

*Please keep your yard clean, you could be charged for trash in your yard.

THE ABCS OF SCHOOL SAFETY

While going back to school often means a sigh of relief for parents, it can also mean a time for new worries. Here are some easy ABCs to keep your child safe:

ASK about the safety and emergency plans for your children's school. Is there a security system? Are there emergency drills?

BE there when your children get home. If you can't make sure a trusted adult is watching them.

COMMUNICATE with your children daily. Ask them open ended questions rather than questions that can be answered with a "yes" or "no".

DON'T allow children to travel to school alone or stand alone at the bus stop. Pair them with a buddy or escort them yourself.

"If the little voice says, 'I wonder if this is safe to do?' it probably isn't." – Navy Safety Center

BURWOOD GARDENS

Talia Pack

Property Manager

IMPORTANT DATES TO REMEMBER

Sept 11, 2008 at 3pm – Resident Council Meeting – Nominations for the Vice President will be held. Please come out and vote.

Sept 10, 2008 - Residents of Burwood trip to the Super Walmart from 10am – 1pm. Please be on time.

Oct 4, 2008 - Flea Market From 10am-2pm at Burwood Gardens

HOW TO CHANGE YOUR ATTITUDES - Change Your Negative Thinking.

What type of person grabs your attention and motivates you? Usually it's a person who is very passionate about what he or she is doing. She's

on fire and her excitement floods the room she is in. When she talks something inside you gets stirred - the desire also to be passionate about something. Anything! You don't want to leave her presence because you hope that some of that passion will rub off on you.

When you find yourself stuck in a boring situation (whether it's your job or other circumstances), how do you change things? How do you get some hope and passion into your life? How do you find a meaningful purpose for your existence? How do you get out of the rut of negative thinking and pity parties?

To change our attitude requires us to do several things. First, realize that we choose our attitude. Even though our situation may not change, our outlook changes when we have the right attitude. We choose to

change our attitude even though our mind tells us different. Attitudes take root deep in our heart, making our choices automatic.

Second, our new attitude becomes permanent when we change our underlying false beliefs. Many times we believe the negative thoughts in our head and allow ourselves to meditate upon them because, believe it or not, it feels good! Some of us have beaten ourselves up mentally for so many years that we don't have any other way of thinking. We actually believe these lies and don't do anything to search out whether or not they are true.

If we want to change, then we have to take responsibility for our thoughts.

Third, we become who we hang around with! The five people we spend the most time around influence us, whether we want them

to or not! Fourth, we must identify what stirs our passion and begin formulating a plan to utilize that passion on a consistent basis. We may not be able to support ourselves in a full-time job doing our passion, but we can find ways to increase how often we do that item, thereby improving our attitude.

Discovering our passion and using it on a weekly basis makes a major impact on our overall attitude.

CIGARETTE BUTTS & TRASH

The Housing Commission takes great pride in curb appeal here at Burwood. We ask that you take the extra effort to put your cigarette butts in the receptacle and not on the ground. This also applies to trash as well please dispose of it properly so that we can keep our community beautiful.

MEADE VILLAGE & STONEY HILL

Valerie Robinette

Property Manager

Welcome to all new residents, please join us at the next Resident Council Meeting!

IMPORTANT DATES TO REMEMBER:

September 1st – rent due

September 1th – Labor Day, Office closed

September 3rd – Resident Council Meeting – Stoney Hill – 4:00 PM

September 17th – Resident Council Meeting – Meade Village - 7:00 PM

September 22nd – Autumn begins

PAYING RENT

Just a friendly reminder to all residents.....

Your rent is due on the 1st of each month, on the

10th of the month we apply late fees to those that have not paid their rent. On the 15th of each month we file a Failure to Pay Rent in court. The cost of this form is \$14.00, which is charged to the residents account. Approximately one week later you are required to appear in court. If after one week, the account is still not paid, we file a Warrant of Restitution in court, at a cost of \$40.00. Once this form has been filed, eviction

will occur at any time. If you reach this point, your account has been charged an additional \$54.00 plus late fees. Don't let this happen to you, budget wisely and plan ahead. Have your rent paid on the 1st of the month. For many people paying rent is a struggle. Who can afford all of those additional costs?

Paying late repeatedly could cause your lease to be terminated!

GLEN SQUARE

Mary Wilgis
 Assistant Property
 Manager

ITS A GIRL!!:

As many of you may have heard, your Property Manager, Gina Dyer gave birth to Mekenzie Marie on August 5, 2008. Both mother and daughter are doing great! Gina expects to return to work in late September. While Gina is out, Mary Wilgis will be happy to help you with any concerns you may have. You can always leave a message for Mary at 410-222-6220 ext 206 and she will return your call as soon as possible.

SAFETY FIRST:

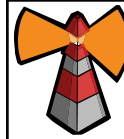
Glen Square Residents - Remember NOT to let anyone you don't know into the building. Sometimes while trying to make a nice gesture by letting someone into the building, you have let someone in who SHOULD NOT be there. All residents and authorized persons have a key card to the building. Guests must call the residents on the intercom system to be allowed in properly. Please don't let anyone in that cannot gain access themselves.

RESIDENT COUNCIL MEETING: Glen Square Resident Council Meeting - Thursday, September 4, 2008 at 7:00 pm. All residents are invited and encouraged to attend the meeting.

ENTRANCE: The entrance of the building is the first thing residents and guests see when they enter the building. Please DO NOT throw cigarette butts or trash outside the building. There are ash trays provided. Please use them and do your part to keep the building clean and attractive.

SALON SERVICES:

Did you know The Salon is open? The Salon is located across from the laundry room. Walk ins are welcome! If you wish to schedule an appointment the phone number is (410) 768-7891. Denise Gee is available Tuesdays and Fridays from 9-4.



BONNIE'S BEACON

Health Guidance

Bonnie Woodall
 CHSP Manager

NEWS NEWS NEWS

From the FDA/Center for Food Safety and Applied Nutrition , May 1999

WHAT'S A SENIOR TO EAT?

Food Choices can help reduce the risk for Chronic diseases, such as heart disease, cancers, diabetes, stroke, and osteoporosis, that are the leading cause of death and disability among Americans. But for seniors, certain foods may pose a significant health hazard because of the level of bacteria present in the product's raw or uncooked state.

Seniors should avoid these products:

- *Raw fin fish and shellfish, including oysters, clams, mussels, and scallops.
- *Raw or un-pasteurized milk or cheese.
- *Soft cheese such as feta, Brie, Camembert, blue-veined, and Mexican-style cheese. (Hard cheeses, processed cheese, cream cheese, cottage cheese, or yogurt need not be avoided.)
- *Raw or lightly cooked egg or egg products including salad dressings, cookie, or cake batter, sauces, and beverages such as eggnog.
- *Raw meat or poultry.
- *Raw alfalfa sprouts which have only recently emerged as a recognized source of food borne illness.
- *Un-pasteurized or untreated fruit or vegetable juice. Most juice in the United States, 98 percent, is pasteurized or otherwise treated to kill harmful bacteria.

WORK ORDERS – HELP US GET THE JOB DONE

Your requests are important to us! When calling in your maintenance request please state your unit number, property address and then the problem you are reporting. Please explain the problem as clearly as possible. The more information you provide, the better prepared we are to correct your problem. The Maintenance Services Work Order Line staff will enter the data into the computer to generate a work order. The work order will then be forwarded to the Property Manager who in turn will pass it on to the site technician. The technician works

on all the calls as they come in, in priority order, and when he gets to your work order, he will be out to your unit to do the work.

MAINTENANCE SERVICES
WORK ORDER LINE:
410-553-9675





CASEWORKERS CORNER



Tina Sellman

Human Services Caseworker:
Meade Village & Burwood Gardens

STEPS YOU CAN TAKE TO IMPROVE YOUR CHILDREN'S EDUCATION

Read together- Children who read at home with their parents perform better in school. Show your kids how much you value reading by keeping good books, magazine, and newspapers in the house. Let them see you read. Take them on trips to the library and encourage them to get library cards. Let children read to you, and talk about the book.

Use TV wisely- Academic achievements drops sharply for children who watch more than 10 hours of television a week, or an average of more than two hours a day. Parents can limit the amount of viewing and help children select educational programs. Parents can also watch and discuss shows with their kids. This will help children understand how stories are structured.

Establish a daily family routine with scheduled homework time- Studies show that successful student has parents who create and maintain family routines. Make sure your children go to school every day. Establish a regular time for homework each day afternoon or evening, set aside a quiet, well lit place,

and encourage children to study. Routines generally include time performing chores, eating meals together, and going to bed at an established time.

Talk to your children and teenagers and listen to them, too- talk directly to your children, especially your teenagers, about the dangers of drugs and alcohol and the values you want them to have. Set a good example. And listen to what your children have to say. Such a personal talks, however uncomfortable they may make you feel, can save their lives.

Express high expectations for your children- You can communicate to your children the importance of setting and meeting challenges in school. Tell your children that working hard and stretching their minds is the only way for them to realize their full potential.

Keep in touch with the school - Parents cannot afford to wait for schools to tell them how their children are doing. Families who stay informed about their children's progress at school have higher-achieving children. To keep informed, parents can visit the school or talk with teachers on the phone (e-mail). Get to know the names of your children's teachers, principals, and counselors.

LaShonda Godwin, BSW

Human Services Caseworker: Freetown Village & Pinewood Village/East

BE AN INFORMED AND EDUCATED CONSUMER

Have you completely and thoroughly read your residential lease agreement? Although property managers thoroughly explain and answer all questions residents may have regarding the lease agreement during the move-in appointment, all residents should review their leases periodically. Reviewing your lease periodically enables you to be an informed and educated consumer about regulations, violations, and obligations of the Commission as well as yourself, which are stated in the lease agreement. Your lease agreement can also answer questions like, "How many days can I have overnight guests?" or "Can I have a pet?" It is also recommended that you speak with your property manager about any concerns or questions you may be confused or unclear about regarding your lease agreement. Resident Council Meetings are also great opportunities for residents and property managers to discuss the lease agreement. Knowing and adhering to your lease agreement prevents violations and termination, which results in the peaceful enjoyment of your home and community.

Be Empowered!



New games this year!

WORD FIT

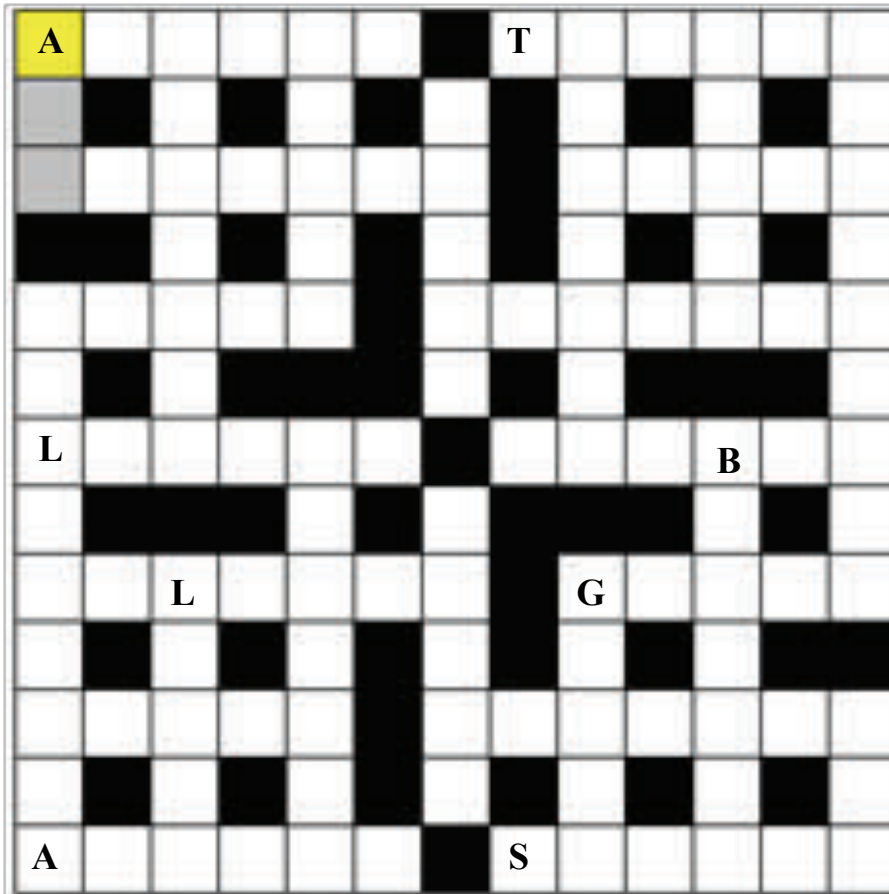
WIN \$10!

See Below

Can you fit all the words correctly into the grid?
Some letters have already been entered.

3 letter words
ACE
TWO

KIDZ BIZ
SEPTEMBER



5 letter words
BEACH
CHEAP
EPOCH
GAMUT
GAZED
INNER
LANES
NYLON
SLEEP
ZEBRA

6 letter words
AMAZED
ASSERT
COMBAT
LOOKED
STUDIO
TRACED

7 letter words
AVOCADO
BUZZARD
ECLIPSE
ECOLOGY
EMPEROR
OCTOPUS
RAMPANT
RISOTTO

9 letter words
BALLERINA
DEPOSITED



Turn in your completed KIDZ BIZ PUZZLE within the week and if you find all of the words, your name will be entered in a drawing to **WIN \$10!** Three winners will be selected from each family community.

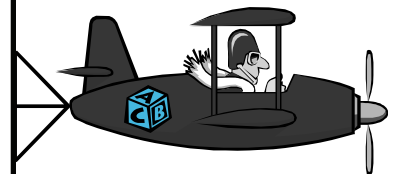
CONGRATULATIONS!

August Winners

Meade Village Freetown Village

Kwame Davis,
Daishaun Banks
Kaylah Carter

Ashanti McDowell
Ranesha Hudson
Deven Brooks



IMPORTANT NUMBERS

www.hcaac.org

**Family Self-Sufficiency, Section 8,
Mainstream Housing, H.O.P.W.A.
& Caseworkers.
410-222-6205**

**Facilities Management Office
Work Orders
(Maintenance Request)
410-553-9675**

Burwood Gardens

Property Manager 410-222-6226
Fax 410-761-7944
Human Services Caseworker 410-760-6303

Freetown Village

Property Manager 410-222-6237
Fax 410-360-3225
Community Safety Office 410-222-6252x223
Human Services Caseworker 410-222-6253x217

Meade Village

Property Manager 410-222-6241
Fax 410-551-0430
Community Safety Office 410-222-6644x214
Human Services Caseworker 410-222-6645x215

Glen Square

Property Manager 410-222-6220
Fax 410-768-3889
Human Services Caseworker 410-222-6217x230

Pinewood Village/Pinewood East

Property Manager 410-222-6210
Fax 410-590-6723
Human Services Caseworker
(Pinewood East) 410-222-6304x204
(Pinewood Village) 410-222-6347x217

Stoney Hill

Property Manager 410-222-6232
Human Services Caseworker 410-222-6645x215

DEAR RESIDENTS: Please remember to call and schedule an appointment. Your time is valuable as is ours. It is our sincere desire to serve you well. Our daily schedule includes meetings with residents, completing inspections, re-certifications and general problems within units. Your understanding is greatly appreciated.

**Workforce Development
Center — Freetown Village**

7831 Huff Ct.
Pasadena, MD 21122
410-437-3052
9 am – 5 pm Monday to Friday
Located in the PACT Unit

IMPORTANT COUNTY TELEPHONE NUMBERS FOR SENIORS

County Information	410-222-7000	Taxi Program	410-222-4222
Department of Aging	410-222-4464	Transportation	410-222-4826
Weekday Nutrition	410-222-6240	Trip Desk	410-222-6682
Pascal Senior Center	410-222-6680	Meals on Wheels	410-431-5257



CONSTRUCTION ACTIVITIES

The following table is used as a guideline. Items and dates listed are subject to change by the Director of Modernization.



BURWOOD GARDENS	<i>PLAN</i>	<i>BID</i>	<i>START</i>	FREETOWN VILLAGE	<i>PLAN</i>	<i>BID</i>	<i>START</i>
Refurbish Hallways	2008	2008	2009	TBA			
Renovate Entrances	2008	2008	2009	PINEWOOD VILLAGE	<i>PLAN</i>	<i>BID</i>	<i>START</i>
				TBA			
MEADE VILLAGE	<i>PLAN</i>	<i>BID</i>	<i>START</i>	PINEWOOD EAST	<i>PLAN</i>	<i>BID</i>	<i>START</i>
Renovate Kitchens	2007	July 2008	Jan 2009	TBA			
GLEN SQUARE	<i>PLAN</i>	<i>BID</i>	<i>START</i>	STONEY HILL	<i>PLAN</i>	<i>BID</i>	<i>START</i>
TBA				TBA			
TBA				TBA			



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