



# NEWSLETTER

Housing Commission of Anne Arundel County

“HOUSING CHOICES AND AFFORDABLE COMMUNITIES”

[www.hcaac.com](http://www.hcaac.com)

## AUTHORIZED OR UNAUTHORIZED?

Do you have someone staying with you who's not on your lease? Have they been there for more than fourteen (14) days? Do they have written approval from the Housing Commission? If the answer is “no,” the person is an “Unauthorized Guest.” An unauthorized guest is someone who is not on your lease, stays more than 14 days/nights, and does so without prior written approval of the Property Manager.

It doesn't matter if the person is a relative or your closest friend. It doesn't matter if the person is “homeless” or between residences. It doesn't matter if the individual is your child's father and stays with you to “watch the kids” while you work. It doesn't matter if the person is helping

with the rent, utilities or groceries. If they're not on the lease and have stayed overnight more than 14 times, they're an unauthorized guest and you are in serious violation of your lease.

Unauthorized guests present several problems for the Housing Commission. For instance:

1. They are the source of a large percentage of the crime and calls for police service in our communities.
2. Their presence adds to abuse and maintenance of a unit that was designed for a certain size family.
3. Encourages other residents to repeat the same violation.

If you are currently in this situation now is the time to consider yourself fortunate and change your behavior before you are discovered.

Department of Community Safety Staff:

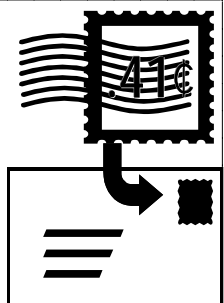
John Harris  
Director of Community Safety  
410.222.6200 x116

Toni Jordan  
Community Safety Coordinator  
410.222.6252

Maurice Price  
Community Safety Coordinator  
410.222.6644

### IMPORTANT NOTICE:

If you mail your rent check....  
Postage in NOW .41¢  
If you do not use the correct postage your rent check will be returned to you which could result in late fees and court filings. So check your stamps and make sure you use .41 cents!



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### Toni Jordan

**Community Safety Coordinator**  
Freetown Village, Pinewood Village, Pinewood East & Glen Square

#### LIFE IS LIKE A GARDEN

When you think about it, life is a lot like a garden. You get out of it what you put into it I believe its true. So here are a few tips to help you plant a successful "garden":

#### A. PLANT THREE ROWS OF PEAS:

1. Peas of mind
2. Peas of heart
3. Peas of soul

#### B. PLANT FOUR ROWS OF SQUASH:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

#### C. PLANT FOUR ROWS OF LETTUCE:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

And, since no garden is complete without turnips, you should:

1. Turnip for meetings
2. Turnip for community service
3. Turnip to help one another

To complete your garden you need THYME:

4. Thyme for each other
5. Thyme for family
6. Thyme for friends

Now, allow plenty of sunshine, shower with patience, cultivate regularly with LOVE and watch your garden flourish!



### Maurice Price

**Community Safety Coordinator**  
Meade Village, Stoney Hill, and Burwood Gardens

????????????????

Saturday, August 4, 2007, 0037hrs (12:37 a.m.) I came into the community and as I moved around I was not surprised at what I found.

Banned persons moving freely about with no consequences to their actions, people openly drinking alcohol in the common areas, standing and loitering about. Dining chairs, folding chairs, lawn chairs, kid chairs and every other chair imaginable set up in foyers, on sidewalks, in egresses, in grass areas and on the

Parking lots and folk just laid back. The smell of marihuana was thick and pungent in the air, whether the children were present or not! (Yeah, children were still out!) Playgrounds dominated by teenagers playing sex games, smoking weed and behaving loud and disorderly as if they were never taught any better; (uummmmm, gotta think about that one for a minute!) Trash was strewn everywhere, almost as if that was the way it's suppose to be!

I expected to find these things, not in the magnitude I did but never the less I was prepared. What I was not prepared to find (actually I just didn't want to admit it) were the witnesses, the concerned citizens who were seeing these same things. The people

I speak with the most about the issues in our community and the active role we have to take in taking the community back, the actions we must take; our part; OUR RESPONSIBILITIES!!! FOR THAT NIGHT, AND THAT NIGHT ONLY! I GAVE UP! And for that I apologize...



**PINEWOOD  
VILLAGE &  
PINEWOOD EAST**

**Lanita Hopkins**  
**Property Manager**  
**Pinewood Village/East**

**PLAYING WITH FIRE**

Smoking and oxygen can be a deadly cocktail. If you are using oxygen in your unit, you are reminded to refrain from smoking in or near your unit. Not only are you putting your life in jeopardy but you are jeopardizing the lives of your unsuspecting neighbors. Your Lease states that you are obligated to take precautions to prevent fires and that your Lease will be terminated if a fire is caused due to your carelessness. So

please be careful and consider how your actions could affect your neighbors if you decide to "Play With Fire".

**EXERCISE YOUR BRAIN**

Medical research has shown that everyday activities that challenge the minds of middle-aged adults can prolong healthy brain function and defer the onset of debilitating diseases such as Alzheimer's and dementia. Use your spare time regularly to engage your brain by getting involved in some of the following activities:

- Playing a musical instrument
- Creating crafts
- Doing crossword, find-a-word or mathematical puzzles
- Playing cards (by yourself or with a group of friends)
- Reading a book

- Playing board games
- Dancing

The point is to actively use your brain in order to create new connections in your brain, or you may gradually lose your existing brain function as you age.

**DON'T GET CAUGHT UP**

Remember that each resident is obligated to contact management or the police if a banned person is trespassing on the property. If you are found allowing the visitation of or providing accommodations to a banned individual **YOU ARE VIOLATING YOUR LEASE**. Don't get caught up by trying to help someone who is banned by providing them with housing and lose your housing in the process.

**MEADE VILLAGE  
& STONEY HILL**

**WELCOME!**

**Beth Rolnick**  
**Property Manager**  
**Meade Village & Stoney Hill**

I would like to take a few minutes to introduce my self. My name is Beth Rolnick and I am the new Property Manager here at Meade Village. I have been in Property Management for 10 Years. I have work in Baltimore City and Baltimore County. In the next

few weeks I will be walking through our community, please stop and introduce yourself to me. When I am walking through our community I will be taking notes on things that need to be taken care of. If you receive a letter from me asking you to take care of something let's take care of immediately. I look forward to a very long employment here.



**Heather Turner**  
**Assistant Property Manager**  
**Meade Village & Stoney Hill**

My name is Heather Turner and I will be your Assistant Manager at Meade Village. I have many

years experience in Property Management and the Public Housing Program. I, as the Assistant Manager, will be assisting the Property Manager in doing inspections, annual recertifications and anything else that may be required, so we will have a lot of interaction. I look forward to a great working relationship with all the residents at Meade Village and if you need anything or have questions please don't hesitate to contact the Management Office.



School is in session, please watch out for children!

## FREETOWN VILLAGE

### Lisa Hahn Property Manager

**RESIDENT COUNCIL MEETING:** Freetown Village Resident Council Meeting is the 2<sup>nd</sup> Monday of the month. The next meeting is Monday, September 10, 2007. All residents are invited and encouraged to attend the meeting.

#### SET A GOAL FOR SUCCESS

Success can mean many things to different people. For some, it's a fast track career that brings in money and prestige. For others, it's a sense of accomplishment and personal fulfillment. Regard-

less of what your idea may be, there are a few universal steps you can take toward achieving success.

- Have a clear idea – of your definition of success. Whether you want a certain percentage pay raise or to complete a hobby project, having a specific goal to aim for makes achieving success much easier.
- Develop a plan – Taking smaller steps can ease the path toward your goal, and moving in smaller increments can also help identify areas where you'll need to focus or improve your strengths.
- Learn from mistakes – No matter how hard you try, you

can't always avoid failure. Rather than letting defeat become an impossible obstacle, learn from what you did wrong and apply that knowledge as you move forward.

- Stay upbeat – A positive attitude can make everything go a little easier, so focus on activities that make you feel good while working toward your goals.

#### REMINDERS

- Residents in townhouses cannot store anything other than patio furniture on your patios.
- Grills must have a grill cover.
- No bikes stored in yards.
- Please keep your yard clean, you could be charged for trash in your yard.

## GLEN SQUARE

### Taliea Hudson Property Manager

As you all may know by now Glen Square, Pumphrey House, and Oakleaf Villas has a new Property Manager!

My name is Taliea Hudson. I have met some of you at the tenant council meeting, during your annual re-certifications and throughout the building. I bring a lot of experience from all aspects of property management and look forward to meeting you and bringing you the best possible living experience here at Glen Square. I must say that you have

been very nice and pleasant and have tried to make me feel right at home. Thanks a lot. Please feel free to stop by and say hello or call the management office regarding any questions or concerns. The number is 410-222-6220 Extension 201.

#### HCAAC TIPS:

#### *HELPING US HELPS YOU!*



When writing a check or money order for rent or other charges... **PLEASE PRINT YOUR NAME CLEARLY AND ALWAYS INCLUDE YOUR UNIT NUMBER.**



## CASEWORKERS CORNER



### **LaShonda Godwin, BSW Human Services Caseworker Freetown & Pinewood Villages**

#### **DO YOU WANT TO QUIT SMOKING?**

Here's a little advice from an article I read by Karen Pallarito-Health Day Reporter for MSN Health and Fitness.

Quitting on an impulse may be a smokers' best bet. In a recent study, smokers who quit spontaneously, without advance planning, had a greater chance of succeeding than those who planned ahead. The results, published in the British Medical Journal, seem to flout traditional smoking-cessation guidance.

Dr. Micheal Siegel, a professor of social and behavioral sciences at

Boston University who examines tobacco control policies and smoking behavior, said the findings make a lot of sense. "Planned quit attempts are implemented gradually and thus the level of motivation is probably rather low," he said. "But these unplanned, sudden attempts probably reflect some sentinel event or great tension that precipitates a very high level of motivation to quit. And thus these attempts are more successful," he reasoned. The odds of quitting successfully for at least six months were higher for unplanned quit attempts than for those that involved some pre-planning treatment, such as nicotine patches and counseling.

Based on results from monthly surveys, Robert West, a study author, found these triggers as quit

attempts: health related issues, future or current health problems, advice from a health professional, getting pregnant, finding out that someone else has stopped, the habit becomes too expensive, a person faces smoking restrictions, or encounters pressure from family or friends.

My advice: Stop planning on planning to quit, just do it.

Do you want to learn how to make a nutritious meal for one? Come out to a "Meals for One" Seminar offered through Maryland Extension. Naemah Raquib will be our facilitator on October 5, 2007, at 12 noon, in the Multipurpose Room located in the Gordon Ct. Building at Pinewood Village. For information, please contact your Human Services Caseworker.

### **Tina Sellman Human Services Caseworker Meade Village & Burwood Gardens**

#### **FRAUD TARGETS: SENIOR CITIZENS**

Why should Senior Citizens be concerned?

It has been the experience of the *FBI* that the elderly are targeted for fraud for several reasons:

1) Older American citizens are most likely to have a little nest egg usually in the home, good credit, both of which a con-man will try to tap into. The con-man will focus all his efforts on a population most likely easily persuaded. (Be advised that a con-man can be female.

You should always use caution when answering your door, or telephone).

2) Individuals who grew up in the 1930's, 1940's, and 1950's were generally raised to be polite and trusting. The con-man will exploit these traits in our personalities, knowing very well we have a hard time saying no even on the telephone to a stranger.

3) Older Americans are less likely to report a fraud mainly due to the embarrassment of being victimized and scammed. That's why a con-man can corrupt a whole neighborhood before the police actually get involved.

How can we as a society combat fraud?

- Become a vigilant citizen, espe-

cially in your neighborhood

- Call the police immediately if you suspect fraudulent activity
- Don't give out your door pass key to anyone
- Always ask for appropriate identification
- Never give out your social security number over the telephone
- Trust your own instincts. If it looks like a duck, walks like a duck, then it is a duck, comes to mind

Be ready when those pesky, persistent telemarketers call and say, "You must act now, this offer won't last" or, "You've won a free gift, and a vacation". Rule is if it sounds too good to be true it more than likely is not true.

# BURWOOD GARDENS

**Valerie Robinette,  
Property Manager**

### IMPORTANT DATES

**September 3, 2007** —

Labor Day, *Office Closed*

**September 6, 2007** —

Dr. Khandelwal to see patients on site

**August 9, 2007** —

Resident Council Meeting

**September 12, 2007** —

Building Captain Meeting - 3pm

**September 13, 2007** —  
Resident Council Meeting - 3pm

### NEW NEIGHBORS

Do you have new neighbor in your building? Have you met them? Take the time to introduce yourself to your new neighbors, make sure you welcome them to the community and make sure they know their way around if they are *not from the area*. Moving, for many people, can be a difficult time. Remember the good old days when you were new to a community and your neighbors welcomed you with a

plate of cookies? Let's try and be that kind of community!

### NEW IDEAS

*Do you have any ideas that you would like to share with the community? New community trips? New games? New activities? Or if you have not been invol<sup>v</sup>ed in the past, come out and play bingo or listen to music and socialize with your neighbors. Come the Resident Council Meeting and share your thoughts, share your ideas. You are a member of a very active community and they are always welcoming new ideas.*



**Bonnie Woodall,  
CHSP Manager**

### NEWS NEWS NEWS

From the FDA/Center for Food Safety and Applied Nutrition , May 1999

### WHAT'S A SENIOR TO EAT?

Food Choices can help reduce the risk for Chronic diseases, such as heart disease, cancers, diabetes, stroke, and osteoporosis, that are

the leading cause of death and disability among Americans. But for seniors, certain foods may pose a significant health hazard because of the level of bacteria present in the product's raw or uncooked state.

Seniors should avoid these products:

\*Raw fin fish and shellfish, including oysters, clams, mussels, and scallops.

\*Raw or un-pasteurized milk or cheese.

\*Soft cheese such as feta, Brie, Camembert, blue-veined, and Mexican-style cheese. (Hard

cheeses, processed cheese, cream cheese, cottage cheese, or yogurt need not be avoided.)

\*Raw or lightly cooked egg or egg products including salad dressings, cookie, or cake batter, sauces, and beverages such as eggnog.

\*Raw meat or poultry.

\*Raw alfalfa sprouts which have only recently emerged as a recognized source of food borne illness.

\*Un-pasteurized or untreated fruit or vegetable juice. Most juice in the United States, 98 percent, is pasteurized or otherwise treated to kill harmful bacteria.

## WORK ORDERS – HELP US GET THE JOB DONE

Your requests are important to us! When calling in your maintenance request please state your unit number, property address and then the problem you are reporting. Please explain the problem as clearly as possible. The more information you provide, the better prepared we are to correct your problem. The clerk will enter the data into the computer to generate a work order. The work order will then be forwarded to the Property Manager who in turn will pass it onto the site technician. The technician works on all the calls as they come in, in priority order, and when he gets to your work order, he will be out to your unit to do the work.



**MAINTENANCE SERVICES WORK ORDER LINE:  
410-553-9675**

**WIN \$10!**  
See Below



# Fun in the Stadium

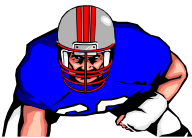


**KIDZ BIZ**

**KIDZ**

**September**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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| T | O | J | K | L | W | D | E | R | F | G | H | J | K | L | R | I | A | S | N | J | U | Y | F | N |
| G | H | D | D | F | G | S | T | A | D | I | U | M | E | R | T | Y | U | M | Y | H | G | F | D | N |
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| M | F | G | F | D | R | R | T | G | H | F | G | H | L | I | N | E | S | S | D | F | R | D | F | C |
| I | F | G | U | F | G | S | C | S | E | A | T | S | E | R | T | V | N | B | V | C | G | X | Z | E |
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| E | Z | A | S | D | F | G | H | J | I | D | S | R | T | Y | U | T | G | H | H | P | P | D | F | G |
| S | D | E | R | E | N | T | R | A | N | C | E | D | F | G | H | S | J | G | K | E | L | C | V | B |
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AISLES  
ENTRANCE  
LINES  
SECTION  
ANNOUNCER  
EVENTS  
NOISY  
SIGNS

ARENA  
EXIT  
PARK  
SODA  
CAMERA  
FAMILIES  
PENNANTS  
SPEAKERS

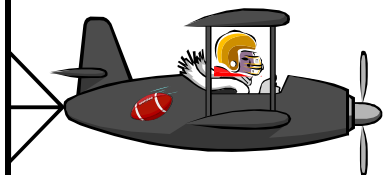
CANDY  
FANS  
PEOPLE  
SPORTS  
CHEERING  
FIRST AID  
PROGRAM  
STADIUM

CHEERLEADERS  
FUN  
RADIO  
STAIRS  
HOT DOGS  
SEATS  
YELLING

Turn in your completed KIDZ BIZ PUZZLE within the week and if you find all of the words, your name will be entered in a drawing to **WIN \$10!** Three winners will be selected from each family community.

**CONGRATULATIONS!**  
**August Winners**

|   |  |
|---|--|
| <p><b>Meade Village</b></p> <p>Martina Harold<br/>Shandell Powell<br/>Kayla Kullman</p> | <p><b>Freetown Village</b></p> <p>Ra'Shika Butler<br/>Desmond Beggarly<br/>Taylor Travis</p> |
|---|--|



# IMPORTANT NUMBERS

www.hcaac.org

**Family Self-Sufficiency, Section 8,  
Mainstream Housing, H.O.P.W.A.  
& Caseworkers.  
410-222-6205**

**Facilities Management Office  
Work Orders  
(Maintenance Request)  
410-553-9675**

**Burwood Gardens**

Property Manager 410-222-6226  
Fax 410-761-7944  
Human Services Caseworker 410-760-6303

**Freetown Village**

Property Manager 410-222-6237  
Fax 410-360-3225  
Community Safety Office 410-222-6252x223  
Human Services Caseworker 410-222-6253x217

**Meade Village**

Property Manager 410-222-6241  
Fax 410-551-0430  
Community Safety Office 410-222-6644x214  
Human Services Caseworker 410-222-6645x215

**Glen Square**

Property Manager 410-222-6220  
Fax 410-768-3889  
Human Services Caseworker 410-222-6217x230

**Pinewood Village/Pinewood East**

Property Manager 410-222-6210  
Fax 410-590-6723  
Human Services Caseworker  
(Pinewood East) 410-222-6304x204  
(Pinewood Village) 410-222-6347x217

**Stoney Hill**

Property Manager 410-222-6232  
Human Services Caseworker 410-222-6645x215

**DEAR RESIDENTS:** Please remember to call and schedule an appointment. Your time is valuable as is ours. It is our sincere desire to serve you well. Our daily schedule includes meetings with residents, completing inspections, re-certifications and general problems within units. Your understanding is greatly appreciated.

**Workforce Development Center-Meade Village**

1710 Circle Road, Severn, MD 21144  
410-519-7575  
9 am – 3 pm Monday to Friday  
Located in the Meade Village Boys & Girls Club

**Workforce Development Center-Freetown Village**

7831 Huff Ct., Pasadena, MD 21122  
410-360-9353/9354  
9 am – 5 pm Monday to Friday

**IMPORTANT COUNTY TELEPHONE  
NUMBERS FOR SENIORS**

County Information 410-222-7000  
Department of Aging 410-222-4464  
Weekday Nutrition 410-222-6240  
Pascal Senior Center 410-222-6680  
Taxi Program 410-222-4222  
Transportation 410-222-4826  
Trip Desk 410-222-6682  
Meals on Wheels 410-431-5257



## CONSTRUCTION ACTIVITIES

The following table is used as a guideline. Items and dates listed are subject to change by the Director of Modernization.



| <b>BURWOOD GARDENS</b> | <i>PLAN</i> | <i>BID</i> | <i>START</i> | <b>FREETOWN VILLAGE</b>         | <i>PLAN</i> | <i>BID</i> | <i>START</i> |
|------------------------|-------------|------------|--------------|---------------------------------|-------------|------------|--------------|
| Refurbish Hallways     | 2005        | 2007       | 2007         | Roof Replacement Community Bldg | June 2007   | Aug 2007   | Sept 2007    |
| Renovate Entrances     | 2005        | 2007       | 2007         | <b>PINEWOOD VILLAGE</b>         | <i>PLAN</i> | <i>BID</i> | <i>START</i> |
| <b>MEADE VILLAGE</b>   | <i>PLAN</i> | <i>BID</i> | <i>START</i> | TBA                             |             |            |              |
| Renovate Kitchens      | 2007        | July 2008  | Jan 2009     | <b>PINEWOOD EAST</b>            | <i>PLAN</i> | <i>BID</i> | <i>START</i> |
| <b>GLEN SQUARE</b>     | <i>PLAN</i> | <i>BID</i> | <i>START</i> | Main Entrance Doors             | 2007        | June 2007  | Aug 2007     |
| Refurbish Hallways     | April 2007  | May 2007   | July 2007    | <b>STONEY HILL</b>              | <i>PLAN</i> | <i>BID</i> | <i>START</i> |
| Paint Hallways         | April 2007  | May 2007   | July 2007    | Install Water Heaters           |             |            | Complete     |
|                        |             |            |              | HVAC Replacement                |             |            | Complete     |